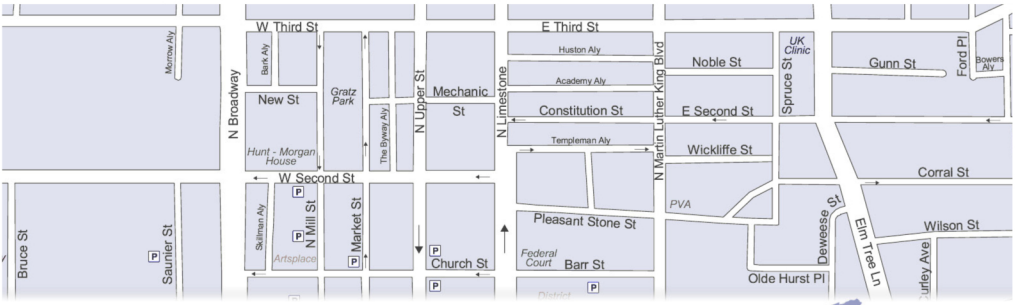
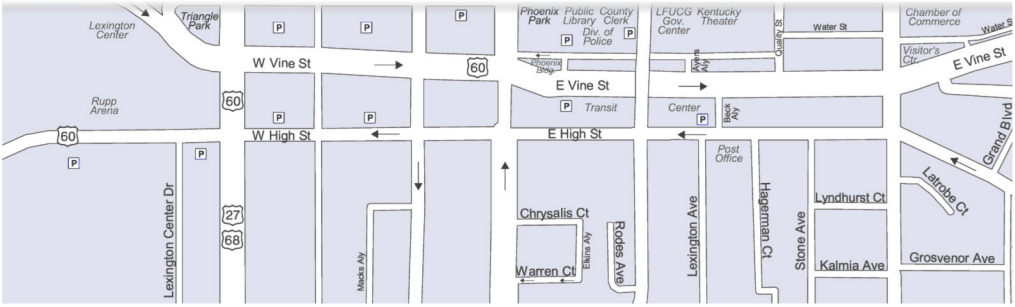


Fayette County

RESOURCE GUIDE

A guide to community services for health care, mental health, substance abuse, housing assistance, job training, child care and other needs.

Provided through the Fayette County Model Court initiative,
a collaboration between Family Court and the community.



Fayette County Resource Guide

The Fayette County Resource Guide is designed to help individuals, families and service providers locate needed resources in Fayette County, Kentucky.

This guide was developed as part of the Fayette County Model Court initiative, which is working to decrease the time youth spend in foster care by improving services for youth and their families through better collaboration between Family Court and the community.

Fayette County Model Court is one of several model courts in Kentucky funded by a grant from the Court Improvement Program. The Court Improvement Program is a federally funded project to improve court practice in child abuse, neglect and dependency cases.

The Department of Family and Juvenile Services of the Administrative Office of the Courts oversees Court Improvement Program initiatives for Kentucky.

Disclaimer: No endorsement is intended or made of any provider, resource, product, service or information either by its inclusion or exclusion from this resource guide. While all attempts are made to ensure the correctness and suitability of information under our control and to correct any errors brought to our attention, no representation or guarantee can be made as to the correctness or suitability of that information.

All critical information should be independently verified.

The inclusion of information regarding any provider, resource, product or service does not imply endorsement by the Kentucky Court of Justice. The Kentucky Court of Justice makes no endorsement, express or implied, of any information contained in this resource guide, nor is it responsible for the content or activities of any referenced provider, resource, product or service. Any questions should be directed to the administrator of the specific provider, resource, product or service referenced.

To correct or add agency information to this guide, contact:

Rick Jacob, Administrative Office of the Courts
859-246-2165 • rickjacob@kycourts.net

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Important Information

Attorney _____

Address _____

Phone _____

Caseworker _____

Address _____

_____

Phone _____

Name of Your Child's Attorney/Guardian ad Litem _____

_____

Family Court Judge _____

Next Court Date _____

Time _____

Location _____

Additional Information _____

_____

_____

_____

_____

Pregnancy/Parenting Services/Parenting Assessment

Bluegrass Clinical In-Home Services
1351 Newtown Pike, Building 5
Lexington, KY 40507
859-299-0794

- Intensive, short-term in-home services to address the individual needs of the family; matches the intensity of the services to the intensity of the family's needs.
- Interventions are from 8 weeks to 6 months and meetings are scheduled at the convenience of the family.

Referral/Participation Criteria: Self or provider referral.
Fees/Insurance: Medicaid accepted.

Bluegrass Community Health Center
1306 Versailles Road, Suite 120
Lexington, KY 40504

151 North Eagle Creek, Suite 220
Lexington, KY 40509

Call 859-259-2635 to schedule an appointment

- Parent education program for parents of adolescents
- Women's support group
- Services provided in Spanish

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for information.

Catholic Social Services Bureau Clinical Counseling Program
1310 W. Main St.
Lexington, KY 40508
859-253-1993
www.catholiccharitieslexington.org

- Pregnancy counseling, community resources and legal advice to prospective parent(s) in deciding about parenting, relative placement or adoption
- Counseling/mental health services

Referral/Participation Criteria: No referral required.
Fees/Insurance: Sliding scale, private insurance.

Community Action Council
913 Georgetown St.
Lexington, KY 40507
859-233-4600
www.commaction.org

- Child development programs
- Family development programs

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Family Counseling Service

2432 Regency Road, Suite 120
Lexington, KY 40517
859-233-0033
www.familycounselingky.org

- Parenting classes

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Florence Crittenden Home
519 W. Fourth St.
Lexington, KY 40508
859-252-8636
www.flocrithome.com

- Private non-profit, residential treatment facility that provides medical, nutritional, educational and counseling services in a home-like environment for Kentucky's young women facing single pregnancy and parenting, abuse and neglect.
- On-grounds at Fayette County public schools

Referral/Participation Criteria: Referral required from youth's family or Department for Community Based Services. Open to females ages 12-17 (18+ if committed).
Fees/Insurance: No fee for non-committed youth.

HANDS-Health Access Nurturing Development Services
1135 Red Mile Place
Lexington, KY 40507
859-252-2371

- Assistance and support for families parenting for the first time.
- Child development education.
- Services provided during pregnancy up to when the child turns 2.

Referral/Participation Criteria: No referral required. Program is for first-time parents.
Fees/Insurance: No fee.

Lexington Rescue Mission

444 Glen Arvin
Lexington, KY 40508
859-381-1114 or 859-381-9600
www.lexingtonrescue.org

- Monday and Wednesday: Clothing and food vouchers.
- Tuesday and Thursday: Social worker available.
- First Tuesday: Financial assistance program for utilities and rent.

- Tuesday, Wednesday, Thursday and Saturday: Serves community lunch at noon.

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

The Nest
530 N. Limestone St.
Lexington, KY 40508
859-259-1974
www.thenestlexington.com

- Parenting classes
- Crisis care center and child care
- Individual case management
- Individual counseling services for survivors of domestic violence and physical and sexual abuse

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Planned Parenthood
508 W. 2nd St.
Lexington, KY 40508
859-252-8494

- Gynecological exams
- Pap smears
- Birth control
- Emergency contraception
- Referrals for other health services
- Testing and treatment for sexually transmitted diseases
- Pregnancy testing and options counseling

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicaid, private insurance, sliding scale.

PRIDE
(Prenatal Recovery, Infant Development and Education Program)
131 Newtown Pike, Building 5
Lexington, KY 40508
859-425-1210
www.bluegrass.org

- Outpatient treatment services for pregnant and parenting women with substance abuse problems, including individual counseling, case management services, domestic violence victim education and parenting education.

Referral/Participation Criteria: No referral required. Women must be pregnant or have a child under age 2.
Fees/Insurance: Medicaid, Medicare and private insurance accepted; otherwise no fee.

SKY Families Program, Fayette County Extension Service

1555 Georgetown Road
Lexington, KY 40511
859-253-1504
Class Location:
Imani Family Life Center Inc.
1555 Georgetown Road
Lexington, KY 40511

- Parenting classes/12-week series
- Child care provided while parents participate in classes

Referral/Participation Criteria: No referral required. Social service or court-ordered referrals accepted.
Fees/Insurance: No fee.

Step by Step Inc.
P.O. Box 593
Lexington, KY 40588
859-258-7837

- Faith-based parenting classes for single mothers
- Assistance with transportation
- Group counseling/support
- Character development, faith-based programs available for infants to preteen

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Susy Aparicio, Licensed Marriage & Family Therapist
436 W. Second St.
Lexington, KY 40507
859-489-0989

- 10 week parenting program classes for Spanish-speaking individuals
- Open enrollment

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Virginia Place
1156 Horseman's Lane
Lexington, KY 40504
859-252-4828
www.virginia-place.org

- Supportive services for single-parent families
- Low -cost housing
- On-site child care for children ages 6 weeks to 5 years old

Referral/Participation Criteria: No referral required. Parent must be a full-time student.
Fees/Insurance: Rent controlled by the Lexington Housing Authority. Child care cost provided through the Child Care Assistance Program, if eligible.

Emergency Shelters

Bluegrass Domestic Violence Program
859-233-0657
24 Hour Confidential Crisis Line: 1-800-544-2022
www.beyondtheviolence.org

- Safe, secure 32-bed emergency shelter for individuals or families forced to flee their homes due to intimate partner violence
- Emergency Shelter for intimate partner violence for the Bluegrass DV Program; serves 17 counties within the Bluegrass
- Facility is fully secure and staffed 24 hours per day
- Daily individual and group counseling provided
- Children's programs provide nurturing, support, safety planning, tutoring and other assistance as needed
- Individual and group counseling
- Children's services
- Legal advocacy
- Housing Department to help find housing
- Financial literacy program
- Outreach in all 17 counties

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Hope Center for Men
360 W. Loudon Avenue
Lexington, KY 40508
859-225-4673

- Emergency shelter
- Addiction recovery program
- Detox Unit
- Counseling
- Employment assistance
- Mental health outpatient clinic staffed by Bluegrass Comp Care
- Case management
- Outreach program. Mobile unit with nurse. Provides counseling, soup and sandwiches.

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee

Hope Center for Women
1524 Versailles Road
Lexington, KY 40504
859-252-2002

- Emergency shelter
- Life skills training
- Addiction recovery program
- Employment training/assistance

Referral/Participation Criteria: No referral required.
Fees/Insurance: Free for Kentucky residents with no income who have not been court-ordered to seek services. Fees for those who have been court-ordered to seek services are $600 for Fayette County residents, $900 for Kentucky residents who reside outside of Fayette County and $2,500 for out-of-state residents.

M.A.S.H.
Metro Group Homes Inc.
536 W. Third St.
Lexington, KY 40508
859-254-2501

- Safe place for abused, neglected and homeless youth.
- Temporary shelter with 10 beds.
- Case management and advocacy.
- Services provided up to 30 days.
- After-care services provided up to six months.

Referral/Participation Criteria: Most residents are committed to the Cabinet for Health and Family Services, but referrals from parents are accepted. Serves males and females birth to age 17.
Fees/Insurance: No fee.

Salvation Army
736 W. Main St.
Lexington, KY 40508
859-252-7706, www.salvationarmylex.org

- Housing for homeless families and single women
- Caseworker provided to each family to assist in job search or other resources
- Life skills classes
- Safe haven support group for individuals in recovery
- Mental health counseling
- Assistance in obtaining housing and jobs

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Volunteers of America Family Housing Program
1400 N. Forbes Road
Lexington, KY 40511
859-254-3469
www.voaky.org

- Provides temporary housing and case management to stabilize homeless families and return them to permanent housing

Referral/Participation Criteria: No referral required. Families with at least one child and one adult related to the child's legal guardian.
Fees/Insurance: No fee.

Volunteers of America Permanent Housing Program
1400 N. Forbes Road
Lexington, KY 40511
859-254-3469
www.voaky.org

- Provides housing and support services to women (single or with children) who are homeless and disabled

Referral/Participation Criteria: No referral required. Veterans with a discharge other than dishonorable who are within 18 months of release or released on or after April 1, 2004.
Fees/Insurance: No fee.

Volunteers of America Transitional Housing Program
1400 N. Forbes Road
Lexington, KY 40511
859-254-3469
www.voaky.org

- Provides transitional housing, job training, job search assistance and referrals to other service providers for veterans incarcerated or recently released

Referral/Participation Criteria: No referral required. Homeless women who have a disability.
Fees/Insurance: No fee.

Child Care Services

Child Care Council of Lexington
1390 Olivia Lane
Lexington, KY 40511
859-271-4079
www.cccofky.com

- Financial assistance for child care to parents who qualify
- Referral for child care providers

Referral/Participation Criteria: No referral required. Financial qualifications apply.
Fees/Insurance: No fee.

Family Care Center
1135 Red Mile Place
Lexington, KY 40504
859-288-4040
www.lexingtonky.gov

- Child care available for program participants
- Early Start state funded preschool for low income families and children with disabilities

Referral/Participation Criteria: Referral required.
Fees/Insurance: Call for fee information.

Kids Club Pediatric Medical Day Treatment Facility
1721 Maywick View Lane
Lexington, KY 40504
859-224-0799

- Medical facility for children who are medically fragile
- Medical day treatment for infants and children up to school age

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicaid and private insurance accepted.

Salvation Army Boys & Girls Club of the Bluegrass
736 W. Main St.
Lexington, KY 40508
859-258-2582
www.salvationarmylex.org

- After-school child care for any family that applies
- Summer camp program

Referral/Participation Criteria: No referral required. Financial qualifications apply.
Fees/Insurance: Call for fee information.

YMCA of Central Kentucky
380 W. Loudon Ave.
Lexington, KY 40507
859-367-7333

- Part-time after-school child care for K-5th grade in school locations
- Daycare available for infant-toddler age group

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Mental Health Assessments/Counseling/Support Groups

Advanced Solutions Counseling of Central Kentucky
1018 E. New Circle Road
Suite 204
Lexington, KY 40505
258-2119

- Assessments offered: Mental health, parenting, anger management, drug and alcohol, domestic violence (male perpetrators only)
- Groups offered: Certified Domestic Violence (male perpetrators only), Intermediate Parenting, Strategic Aggression Management, Cognitive Behavioral Causation

Referral/Participation Criteria: No referral required. Financial qualifications apply.
Fees: Single assessment $60, mental health assessment only $75, multiple assessments $75, multiple assessments and mental health assessment $100, single group $20 per class, multiple groups $15 per class.

Alternatives Counseling
134 Imperial Way
Nicholasville, KY 40506
859-881-1908

- Assessments offered: Domestic violence, mental health, anger management, parenting, cognitive behavioral for substances,
- Classes offered: Domestic violence, anger management, parenting, cognitive behavioral for substances

Referral/Participation Criteria: No referral required.
Fees: Call for information.

Bluegrass Community Health Center
1306 Versailles Road, Suite 120
Lexington, KY 40504

151 N. Eagle Creek, Suite 220
Lexington, KY 40509
Call 859-259-2635 to schedule an appointment

- Individual and family counseling for children, teens, adults, couples and families
- Services in English and Spanish

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Bluegrass Impact - East
1351 Newtown Pike, Bldg. 5
Lexington, KY 40511
859-254-3106

- Intensive case management and support services for severely emotionally disturbed (SED) children and their parents/guardians

Referral/Participation criteria: Referral from mental health provider or school. Axis 1 diagnosis, ages 4 -18.
Fees/Insurance: Medicaid/Sliding scale.

Catholic Charities of the Diocese of Lexington
1310 W. Main St.
Lexington, KY 40508
859-253-1993

Pregnancy Counseling:
1-800-227-3002
www.cssblexington.org

- Counseling/mental health services for individuals, families and couples
- Pregnancy counseling, community resources and legal advice for prospective parent(s) in deciding about parenting, relative placement or adoption

Referral/Participation Criteria: No referral required.
Fees/Insurance: Sliding scale. Private insurance.

Child & Adolescent Trauma Treatment Institute (CATTI)
859-543-0078
www.uky.edu/socialwork/csvac/catti

- Parent-Child Interaction Therapy (PCIT), ages 2-12
- Trauma-Focused Cognitive Behavior Therapy, ages 3-17

Referral/Participation Criteria: Self and provider referrals accepted. Referral form located on the website.
Fees/Insurance: No fee. Funding provided by The National Child Traumatic Stress Network.

Child & Family Wellness Center (Comprehensive Care)
1351 Newtown Pike, Bldg. 5
Lexington, KY 40511
859-233-0444
www.bluegrass.org

- Outpatient counseling services for children and their families
- Outpatient adolescent substance abuse counseling

Referral/Participation Criteria: No referral required. 17 years old or younger.
Fees/Insurance: Medicaid, private insurance, sliding scale.

Eastern State Hospital
627 W. 4th St.
Lexington, KY 40508
859-246-7000

- Psychiatric and psychological assessment and treatment
- Hospitalization
- Referrals for long-term treatment facilities

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicare, Medicaid, private insurance, sliding scale.

Family Care Center
135 Red Mile Circle
Lexington, KY 40504
859-288-4044

- Outpatient counseling for children and their families

Referral/Participation Criteria: No referral required.
Fees/Insurance: Sliding scale.

Family Counseling Service
1393 Trent Blvd., Bldg. 1
Lexington, KY 40517
859-233-0033
www.familycounselingky.org

- Individual, marriage and family counseling
- Substance abuse counseling
- Parent, child and adolescent behavior therapy

Referral/Participation Criteria: No referral required.
Fees/Insurance: Sliding scale.

Family Violence Project
62 E. High St.
Lexington, KY 40507
859-231-7226

- State Certified Batterers Intervention Program (BIP)
- Fathering After Violence Parenting Classes
- Adult and adolescent family therapy
- Substance abuse assessment and treatment

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Jesse G. Harris Psychological Services Center
644 Maxwelton Court
Lexington, KY 40508
859-257-6853

- Individual counseling services for adults and children
- Group therapy
- Psychiatric resident on staff

Referral/Participation Criteria: No referral required.
Fees/Insurance: Intake fee, sliding scale for services.

KVC Behavioral Health/Croney and Clark
900 Beasley St., Suite 120
Lexington, KY 40509
859-254-1035
www.croneyandclark.com

- Impact Plus Program
- Diversion Program
- Individual therapy for children
- Service coordination
- Collateral or parental therapy
- Psychiatric care

Referral/Participation Criteria: Assessment required (for children with severe emotional disabilities and complex treatment needs).
Fees/Insurance: Medicaid.

Lexington Therapy LLC
501 Darby Creek Road, Suite 56
Lexington, KY 40509
859-227-9266
www.lexingtontherapy.com

- Individual and family therapy for children, teens, adults, couples, families
- Parent, child and adolescent behavior therapy
- Assessments offered: Mental health, anger management, Myers-Briggs Personality Test, career counseling

- Groups offered: Parenting Skills, Social Skills, Premarital Preparation and Marital Enrichment, Grief and Loss (Certified Grief Recovery Outreach Program)

Referral/Participation Criteria: No referral required.
Fees/Insurance: Private insurance; sliding scale fees.

Lexington Vet Center
1500 Leestown Road, Suite 104
Lexington, KY 40511
859-253-0717

- Readjustment counseling services for combat veterans and their families
- Healthcare enrollment
- Preventative healthcare screening
- Community education
- Resource referrals
- Linking veterans with other services in the U.S. Department of Veterans Affairs

Referral/Participation Criteria: No referral required. Must be a veteran.
Fees/Insurance: No fee.

LFUCG Department of Social Services
200 E. Main St., Room 328
Lexington, KY 40507
859-258-3804

- Assessment of needs
- Short-term counseling
- Referrals to other agencies/service providers to meet identified needs
- Rent and utility assistance

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

NAMI Lexington/Participation Station
869 Sparta Court
Lexington, KY 40504
859-272-7891

- Double Trouble in Recovery, a weekly support group for people recovering from addiction and mental illness. Thursday, noon - 1 p.m.
- Family Fridays, an orientation to NAMI Lexington's free programs and an overview of mental illness and Q & A session, Friday, 2-3 p.m.
- Anxiety Support Group, Saturday, 10 a.m.-11:30 a.m.
- Support Groups, Sunday, 2:30 p.m.- 4 p.m.

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

The Nest
530 N. Limestone St.
Lexington, KY 40508
859-259-1974
www.thenestlexington.com

- Individual counseling services for domestic violence, physical abuse and sexual abuse survivors

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Newtown Counseling Center(Comprehensive Care)
1351 Newtown Pike, Bldg. 5
Lexington, KY 40511
859-233-0444
www.bluegrass.org

- Outpatient mental health & substance abuse services

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicaid, private insurance, sliding scale.

The Ridge
3050 Rio Dosa Drive
Lexington, KY 40509
859-269-2325
1-800-753-4673
www.ridgebhs.com

- Mental health assessments
- Counseling
- Psychiatric care
- Substance abuse treatment
- Inpatient and outpatient care
- Inpatient geriatric services

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicare, Medicaid, private insurance, payment plans available.

Transition Center (Comprehensive Care)
1351 Newtown Pike, Bldg. 5
Lexington, KY 40511
859-233-0444
www.bluegrass.org

- Outpatient counseling services and education programs for individuals involved in the Criminal Justice System
- Certified Batterer Intervention Provider
- Counseling for individuals with dual diagnosis
- Counseling services available for gays, lesbians and AIDS/HIV positive individuals
- Individual counseling services for domestic violence, physical abuse and sexual abuse survivors

Referral/Participation Criteria: Referrals accepted from Family Court, law enforcement, schools and other social service agencies.
Fees/Insurance: Medicaid, private insurance, sliding scale fee.

UK Family Center
Scovell Hall, Room 205
Lexington, KY 40506
859-257-7755

- Individual, couple and family counseling

Referral/Participation Criteria: No referral required.
Fees/Insurance: Sliding scale fee.

UK Good Samaritan Hospital
310 S. Limestone St.
Lexington, KY 40508
859-226-7063

- Mental health/psychiatric care
- Short-term inpatient care
- Medical detoxification (alcohol only) for pregnant females

Referral/Participation Criteria: No referral required
Fees/Insurance: Medicare, Medicaid, private insurance, self pay

UK Targeted Assessment Program (TAP)
1165 Centre Parkway
Lexington, KY 40517
859-245-5109 or 859-245-5438

- Assessments to identify barriers to self-sufficiency
- Develop a plan to address problems such as substance abuse, domestic violence, mental health, and learning difficulties
- Provide referrals to other agencies as needed to assist with housing, employment, education, transportation and basic needs

Referral/Participation Criteria: No referral required. Must have at least one child and if child is committed to the Cabinet for Health and Family Services, there must be a plan for reunification.
Fees/Insurance: No fee.

Residential Facilities for Adults

Charles Schwartz Chemical Dependency Treatment Center Inpatient Program
627 W. Fourth St.
Allen Building
Lexington, KY 40508
859-246-7282

- 30-day inpatient treatment for substance abuse
- Non-medical inpatient treatment facility

Referral/Participation Criteria: No referral required.
Fees/Insurance: Admission fee. Call for fee information.

Chrysalis House
1589 Hill Rise Drive
Lexington, KY 40504
Admissions: 800-713-0954
www.chrysalishouse.org

- Residential treatment program for women recovering from substance abuse

Referral/Participation Criteria: Call to be screened and complete a phone interview.
Fees/Insurance: No fee.

Hope Center for Men
360 W. Loudon Ave.
Lexington, KY 40508
859-252-7881

- Emergency shelter
- Counseling
- Case management
- Addiction recovery program
- Employment assistance
- Mental health outpatient clinic

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Hope Center for Women
1524 Versailles Road
Lexington, KY 40504
859-252-2002

- Emergency shelter
- Addiction recovery program
- Life skills training
- Employment training/assistance

Referral/Participation Criteria: No referral required. Clients must attend 12 Step meetings through all phases of recovery.
Fees/Insurance: No fee.

Lexington Rescue Mission Life Renewal Program
649 N. Limestone St.
Lexington, KY 40508
381-1114 or 381-9600
www.Lexingtonrescue.org

- 1-year residential recovery program that helps men struggling with substance abuse and other life-debilitating problems
- Community service projects
- Vocational training
- Individualized counseling
- Bible studies, chapel services, spiritual mentoring, local church involvement

Referral/Participation Criteria: No referral required. An application for this program can be obtained on the website.
Fees/Insurance: No fee.

Metro Group Homes Inc. Independent Living Program
617 Price Ave.
Lexington, KY 40508
859-259-0061

- Room and board
- Counseling/group therapy
- Education assistance
- Case management
- Drug and alcohol assessment
- Life skills/employment skills training

- Resident can receive services for up to one year.

Referral/Participation Criteria: No referral required. Females age 16-21.
Fees/Insurance: No fee.

Metro Group Homes Inc. Transitional Living Program
540 W. Third St.
Lexington, KY 40508
859-259-3212

- Room and board
- Case management
- Counseling
- Life skills/employment skills training
- Education assistance
- Resident can receive services for up to 18 months

Referral/Participation Criteria: No referral required. Males ages 16-21; resident must perform 50 hours of community service .
Fees/Insurance: No fee

The Ridge
3050 Rio Dosa Drive
Lexington, KY 40509
859-269-2325 or 1-800-753-4673
www.ridgebhs.com

- Treatment of mental health and substance abuse disorders
- Expected length of stay is 10-14 days but depends on patient's individualized care plan

Referral/Participation Criteria: Serves adults 18 and older. Referrals accepted from professionals, as well as by self or significant others. Referrals can be made 24 hours a day, seven days a week.
Fees/Insurance: Medicare, Medicaid (under age 22), most private insurance, managed care plans, payment plans.

Shepherds House Inc.
154 Bonnie Brae Drive
Lexington, KY 40508
859-252-1939
www.shepherdshouseinc.com

- Substance abuse treatment, halfway house
- 28 transitional male beds
- Residential long-term (12-18 months) treatment
- Must complete inpatient treatment; 28 days preferred

Referral/Participation Criteria: No referral required.
Fees/Insurance: Private pay.

UK Good Samaritan Hospital

310 S. Limestone St.
Lexington, KY 40508
859-226-7063
1-800-776-2673 (Adult Unit)

- Mental health/psychiatric care
- Short-term inpatient care
- Medical detoxification (alcohol only) for pregnant females

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicare, Medicaid, private insurance, self pay.

Residential Facilities for Children/Youth

Bluegrass Boys Ranch
2326 Royster Road
Lexington, KY 40516
859-299-9619

- Residential academic program for underachieving boys who display above-average potential

Referral/Participation Criteria: Referral by school required.
Fees/Insurance: No fee.

Bluegrass Challenge Academy
714 Dixie St., Bldg. 296
Ford Knox, KY 40121
Toll Free 1-877-599-6884
www.ngycp.org

- 22-month voluntary program for high school dropouts
- Life skills, education, employment skills

Referral/Participation Criteria: Males/females ages 16-18. Must be drug-free (random drug screens during course of the program).
Fees/Insurance: No fee.

Brooklawn, Inc.
3121 Brooklawn Campus Drive
Louisville, KY 40218
502-451-5177

- Treatment for sex offenders, fire setters, severe emotional disturbance, substance abuse, sexual abuse victims, suicide risk, pregnancy and other issues

Referral/Participation Criteria: Males ages 6-16.
Fees/Insurance: Medicaid, private insurance.

Buckhorn Psychiatric Residential Treatment Facility
116 Buckhorn Lane
Buckhorn, KY 41721
800-472-3678

- Treatment for sex offenders, fire setting, severe emotional disturbance, substance abuse, sexual abuse victims, suicide risk

Referral/Participation Criteria: Youth ages 8-21.
Fees/Insurance: No fee

Florence Crittenden Home
519 W. 4th St.
Lexington, KY 40508
859-252-8636
www.flocrithome.com

- Private non-profit, residential treatment facility that provides medical, nutritional, educational and counseling services in a home-like environment for Kentucky's young women facing single pregnancy and parenting, abuse and neglect
- On-grounds at Fayette County Public Schools

Referral/Participation Criteria: No referral required. Females ages 12-17 (18+ if committed).
Fees/Insurance: No fee for non-committed youth.

Home of the Innocents
1100 E. Market St.
Louisville, KY 40206
502-596-1000

- Therapeutic foster care placement
- Treatment for sex offenders, severe emotional disturbance, substance abuse, sexual abuse victims, pregnancy and other issues

Referral/Participation Criteria: No referral required. Males and females under age 18.
Fees/Insurance: Call for fee information on non-referrals.

Maryhurst
1015 Dorsey Lane
Louisville, KY 40223
502-245-1576
www.maryhurst.org

- Initial placement for severe emotional disturbance
- Therapeutic foster care
- Independent living

Referral/Participation Criteria: Foster care for any age. Residential program for females ages 11-17.
Fees/Insurance: Medicaid.

Mary Kendall Home
193 Phillips Court
Owensboro, KY 42303
270-683-6481
www.kyumh.com

- Emergency shelter
- Alternative to detention (ATD) with on-site school
- Residential program for females (severely emotionally disturbed, sexual abuse victims, mental health and medical needs) uses public school system and day treatment

Referral/Participation Criteria: Males/females ages 10-18 for shelter and alternative to detention.
Fees/Insurance: Private insurance.

M.A.S.H. Metro Group Homes Inc.
540 W. Third St.
Lexington, KY 40508
859-254-2501

- Room and board
- Individual/group/family counseling
- Drug/alcohol assessment and services
- Services are provided for up to 30 days. After-care services are provided for up to six months.

Referral/Participation Criteria: Males/females ages 11-17. Youth who are runaway/homeless, abused/neglected or youth who have a conflict at home.
Fees/Insurance: No fee.

Methodist Homes of Kentucky
2050 Lexington Road
Versailles, KY 40383
859-873-4481
www.kyumh.com

- Assessment
- Emergency shelter
- Alternative to detention
- Independent living
- Residential Treatment – males and females ages 12-17 (severe emotional disturbance, sexual abuse victims, suicide risks, no substance abuse)

Referral/Participation Criteria: No referral required. Most referrals are from Department of Juvenile Justice or Cabinet for Health and Family Services. Males and females ages 12-17.
Fees/Insurance: Medicaid, private insurance.

NAMI Lexington/Participation Station
869 Sparta Court
Lexington, KY 40504
859-309-2856

- Serves adults 18 and older
- A peer-run, peer support center for adults with mental illness
- Educational tracks in self-esteem, life skills and public speaking
- Opportunities to participate in numerous activities

Referral/Participation Criteria: No referral required.
Fees/Insurance: Free and open to the public.

Our Lady of Peace
2020 Newburg Road
Louisville, KY 40205
502-451-3330

- Acute inpatient care
- Extended care hospitalization
- Partial hospitalization (six hours/day)
- Intensive outpatient psychiatric and chemical dependency program (3 hours/day)
- Forensic Unit

Referral/Participation Criteria: Males/females ages 3+. Contact facility for eligibility information.
Fees/Insurance: Medicaid, private insurance.

The Ridge Adolescent Services
3050 Rio Dosa Drive
Lexington, KY 40509
859-269-2325 or toll-free 1-800-753-4673

- Inpatient treatment includes general psychiatric services, as well as dual diagnosis and specialized treatment for eating disorders
- Education services provided by certified teachers at The Ridge during treatment

Referral/Participation Criteria: No referral required. Adolescents ages 12-17.
Fees/Insurance: Medicare, Medicaid, private insurance, payment plans.

Ten Broeck Hospital
8521 Lagrange Road
Louisville, KY 40242
502-426-6380
www.tenbroeck.com

1405 Browns Lane
Louisville, KY 40207
502-896-0495
Toll-free 1-800-866-8876

- Adolescent psychiatric inpatient program
- Short-term crisis intervention/stabilization

Referral/Participation Criteria: No referral required. Males and females ages 3-17, depending on program.
Fees/Insurance: Medicaid, private insurance.

UK Good Samaritan Hospital
310 S. Limestone
Lexington, KY 40508
859-226-7063
Toll Free 1-866-811-6757 (Adolescent Unit)

- Short-term inpatient care
- Medical detoxification (alcohol only) for pregnant females

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicare, Medicaid, private insurance, self pay.

Woodlawn Psychiatric Residential Treatment Facility
1151 Perryville Road
P.O. Box 45
Danville, KY 40423
859-236-5507

- Treatment facility for boys up to age 18 with severe mental health problems
- Individual/group/family counseling
- Average length of stay is 6-9 months
- Aftercare services

Referral/Participation Criteria: Referrals accepted from mental health professionals, school counselors, physicians, police officers, court designated workers and Cabinet for Health and Family Services.
Fees/Insurance: Call for fee/insurance information.

Employment/Life Skills/Education/Training

Central Kentucky Job Center
1055 Industry Road
Lexington, KY 40505
859-258-3140

- Job readiness skills
- Resume preparation
- Career Resource Center
- Specialized technical skills training
- Skills assessment
- Job search and job referral
- Information on employers who will hire offenders
- Referrals to specialized programs such as Youth Services (ages 16-21), Vocational Rehabilitation, Veterans Program and Older Worker Program

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

College For Technical Education (CTE)
1165 Centre Parkway, Suite 120
Lexington, KY 40517
859-272-5225, ext. 103
www.cte.edu

- Practical life and job skills
- Job placement
- Guidance and counseling

Referral/Participation Criteria: No referral required.
Fees/Insurance: Tuition and fees.

Employment Solutions Personnel
1165 Centre Parkway
Lexington, KY 40515
859-971-1306

- Job counseling and placement
- Training for some job skills

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Family Care Center
1135 Red Mile Place
Lexington, KY 40504
859-288-4040

- Life skills training
- Job counseling
- Employment assistance
- GED education (on-site child care provided)

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Goodwill Workforce Development
130 W. New Circle Road, Suite 110
Lexington, KY 40505
859-231-8394

- Assistance in finding jobs and job training for people with disabilities

Referral/Participation Criteria: Referral required.
Fees/Insurance: No fee.

Jubilee Jobs of Lexington
1450 North Broadway
Lexington, KY 40505
859-977-0135 or 859-685-2170
www.jubileejobsoflexington.org

- Non-profit job placement agency that helps the unemployed and under-employed find entry-level jobs

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Lexington Rescue Mission Outreach Center
444 Glen Arvin Avenue
Lexington, KY 40508
859-381-9600

- Job coaching, bus passes, computer access for online job searches and resume preparation, phone and voice mail access to make and return job-related calls, and lockers for the homeless to store their belongings while looking for work

Referral/Participation Criteria: Serving ex-offenders and the homeless; call to schedule an appointment.
Fees/Insurance: No fee.

Opportunity for Work and Learning Center (OWL)
650 Kennedy Road
Lexington, KY 40511
859-254-0576
www.owlinc.net

- Vocational evaluation
- Life management classes
- Computer classes
- Assistance for individuals with a disability or other barrier to maintaining employment
- Forklift/Materials Handling/Logistics Certification Program

Referral/Participation Criteria: Referrals from Kentucky Office of Vocational Rehabilitation.
Fees/Insurance: No fee for referrals from Office of Vocational Rehabilitation.

Skill Enhancement and Employment Program (SEEC)
650 Kennedy Road
Lexington, KY 40511
859-233-1900

- Vocational evaluation for vocational rehabilitation

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

UK Training Resource Center Successful Transitions
1 Quality Street, Suite 700
Lexington, KY 40507
859-257-1971
www.uky.edu/SocialWork/trc

- Student employment
- Resource referrals
- Life skills workshop
- Job shadowing opportunities
- Tutoring referrals
- Study guides
- Video learning library
- Training and preparation for job search
- Financial assistance for postgraduate exams

Referral/Participation Criteria: Must be a full-time University of Kentucky student receiving assistance through KTAP (Kentucky Transitional Assistance Program).
Fees/Insurance: No fee.

Virginia Place
1156 Horseman's Lane
Lexington, KY 40504
859-252-4828

- Supportive services for single-parent families
- Low-cost housing
- On-site child care for children ages 6 months to 5 years

Referral/Participation Criteria: No referral required; parent must be a full-time student.
Fees/Insurance: Rent is controlled by Lexington Housing Authority. Child care cost provided through the Child Care Assistance Program, if eligible.

Vocational Rehabilitation
301 E. Main St.
Lexington, KY 40507
859-246-2185

- Job assistance and training for individuals with a disability

Referral/Participation Criteria: Must have a disability with substantial limitation in one or more areas (mobility, work tolerance, job skills, self-care, self-direction, communication and interpersonal skills).
Fees/Insurance: No fee.

Residential Substance Abuse Assessment/Treatment

Charles Schwartz Chemical Dependency Treatment Center Inpatient Program
627 W. Fourth St., Allen Building
Lexington, KY 40508
859-246-7282

- Non-medical facility
- 30-day inpatient treatment for substance abuse

Referral/Participation Criteria: No referral required.
Fees/Insurance: Admission fee. Call for fee information.

Chrysalis House
1589 Hill Rise Drive
Lexington, KY 40504
Admissions: Toll Free 1-800-713-0954
www.chrysalishouse.org

- Residential program for women recovering from substance abuse

Referral/Participation Criteria: Call to be screened and complete a phone interview.
Fees/Insurance: No fee.

Hope Center for Men
360 W. Loudon Ave.
Lexington, KY 40508
859-252-7881

- Emergency shelter
- Counseling
- Employment assistance
- Case management
- Addiction recovery program
- Mental health outpatient clinic

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Hope Center for Women
1524 Versailles Road
Lexington, KY 40504
859-252-2002

- Emergency shelter
- Addiction recovery program
- Life skills training
- Employment training/assistance

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Lexington Rescue Mission Life Renewal Program
649 N. Limestone St.
Lexington, KY 40508
859-381-1114 or 859-381-9600
www.lexingtonrescue.org

- 1-year residential recovery program that helps men struggling with substance abuse and other life-debilitating problems
- Individualized counseling
- Bible studies, chapel services, spiritual mentoring, local church involvement
- Community service projects
- Vocational training

Referral/Participation Criteria: No referral required. An application for this program can be obtained at www.lexingtonrescue.org.
Fees/Insurance: No fee.

Shepherds House, Inc.
154 Bonnie Brae Drive
Lexington, KY 40508
859-252-1939
www.shepherdshouseinc.com

- Substance abuse treatment, halfway house
- Residential long-term (12-18 months) treatment
- 28 transitional male beds

Referral/Participation Criteria: No referral required.
Fees/Insurance: Private pay.

The Ridge Adolescent Recovery Center (ARC)
3050 Rio Dosa Drive
Lexington, KY 40509
859-269-2325 or Toll Free 1-800-753-4673
www.ridgebhs.com

- Treatment of adolescents whose chemical dependency problems are manifested primarily through legal problems, school difficulties, realtionships problems and inability to maintain sobriety
- Expected length of stay is 28 days but may vary depending on patient's needs

Referral/Participation Criteria: Serves adolescents 12 to 17 (18 if still in high school). Referrals accepted from professionals, as well as by self or significant others. Referrals can be made 24 hours a day, seven days a week.
Fees/Insurance: Medicare, Medicaid (under age 22), most private insurance, managed care plans, payment plans.

The Ridge Recovery Center (RRC)
3050 Rio Dosa Drive
Lexington, KY 40509
859-269-2325 or Toll Free 1-800-753-4673
www.ridgebhs.com

- Treatment of both mental health and substance abuse disorders
- Expected length of stay is 10-14 days but depends on patient's individualized care plan

Referral/Participation Criteria: Serves adults 18 and older; referrals accepted from professionals, as well as by self or significant others. Referrals can be made 24 hours a day, seven days a week.
Fees/Insurance: Medicare, Medicaid (under age 22), most private insurance, managed care plans, payment plans.

UK Good Samaritan Hospital
310 S. Limestone St.
Lexington, KY 40508
859-226-7063
1-800-776-2673 (Adult Unit) or 1-866-811-6757 (Adolescent Unit)

- Short-term inpatient care
- Medical detoxification (alcohol only) for pregnant females

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicare, Medicaid, private insurance, self pay.

Veterans Affairs Medical Center Substance Abuse Treatment Program
1101 Veterans Drive
Lexington, KY 40502
859-233-4511, ext. 3453

- Substance abuse treatment
- Residential short-term treatment (30 days or less)
- Detoxification

Referral/Participation Criteria: No referral required; must be a veteran.
Fees/Insurance: Military insurance, private insurance and self-pay.

Outpatient Substance Abuse Assessment/Treatment/Support

Advanced Solutions Counseling of Central Kentucky
1018 E. New Circle Road, Suite 204
Lexington, KY 40505
859-258-2119

- Assessments offered: Mental health, parenting, anger management, drug and alcohol, domestic violence (male perpetrators only)
- Groups offered: Certified Batterer Intervention Program (male perpetrators only), Intermediate Parenting, Strategic Aggression Management, Cognitive Behavioral Causation

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Al-Anon
859-277-1877

- Support group for family members of alcoholics

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Alateen
859-277-1877

- Support group for teenage family members of alcoholics

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Alcoholics Anonymous
859-225-1212 or toll-free 1-800-467-8019

- 12-step support group for alcoholics

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Bluegrass Community Health Center
1306 Versailles Road, Suite 120
Lexington, KY 40504

151 North Eagle Creek, Suite 220
Lexington, KY 40509

Call 859-259-2635 to schedule an appointment

- Substance abuse assessment
- Mental health assessment
- Outpatient individual and group counseling
- Services in English and Spanish

Referral/Participation Criteria: No referral required.
Fees/Insurance: $10 for each visit. Call for assessment fee information.

Bluegrass Prevention Center
1351 Newtown Pike
Lexington, KY 40511
859-225-3296
www.bluegrass.org

- Early Intervention Program provides substance abuse assessment and education for youth under age 21
- Zero Tolerance Program
- Substance abuse education and prevention services for individuals of all ages
- Lending library
- Peer helper/peer leadership programs

- Prevention enhancement site for effective environmental strategies addressing alcohol issues
- Prevention enhancement site on Fetal Alcohol Spectrum Disorders

Referral/Participation Criteria: No referral required.
Fees/Insurance: Self pay: cash, check or money order; $50 for Early Intervention Program; $250 for Zero Tolerance Program.

CAPS Office (Drug Screening)
166 N. Martin Luther King Blvd.
Lexington, KY 40507
859-425-2692
Phase/Drug Screen Information: 859-425-2697

- Drug screening

Referral/Participation Criteria: Court order.
Fees/Insurance: No fee if court ordered.

Charles Schwartz Chemical Dependency Treatment Center Intensive Outpatient Program
627 W. Fourth St., Allen Building
Lexington, KY 40508
859-246-7282

- Intensive, four-day per week outpatient substance abuse treatment program

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Fayette County DUI Services
3439 Buckhorn Drive, Suite 140
Lexington, KY 40515
859-971-9710

- Substance abuse assessment
- DUI education
- DUI outpatient group
- Outpatient treatment for non-DUI offenders

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Lexington Professional Associates
340 Legion Drive, Suite 28
Lexington, KY 40504
859-276-0533

- Methadone maintenance
- Methadone detoxification
- Buprenorphine services

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

LFCHD-Tobacco Use Prevention & Cessation
805 Newtown Circle
Lexington, KY 40508
859-288-2327
www.lexingtonhealthdepartment.org

- Tobacco Cessation Program-Cooper Clayton Method
- Health education

Referral/Participation Criteria: No referral required.
Fees/Insurance: A $50 deposit is due at the first class and will be fully refunded upon graduation from the program.

Morton Center
2647 Regency Road, Suite 107
Lexington, KY 40503
859-373-0077

- Adult chemical dependency groups
- Adult intensive outpatient program
- Adult relapse prevention
- Adolescent intensive outpatient program
- Children/adolescent therapy groups for children of parents with substance abuse problems

Referral/Participation Criteria: No referral required.
Fees/Insurance: Sliding scale.

Narcotics Anonymous
859-253-4673 or Toll Free 1-888-987-7700

- 12-step support group for drug addiction

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Newtown Counseling Center (Comprehensive Care)
1351 Newtown Pike, Building 5
Lexington, KY 40511
859-233-0444
www.bluegrass.org

- Outpatient mental health and substance abuse treatment services

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicaid, private insurance, sliding scale.

The Ridge Outpatient Center
3050 Rio Dosa Drive
Lexington, KY 40509
859-269-2325 or Toll Free 1-800-753-4673

- Outpatient substance abuse assessment and treatment for adults and adolescents

Referral/Participation Criteria: Referrals accepted from professionals, as well as by self or significant others. Referrals can be made 24 hours a day, seven days a week.
Fees/Insurance: Medicare, Medicaid, private insurance, payment plans.

St. Joe Behavioral Medicine Network
861 Corporate Drive, Suite 103
Lexington, KY 40503
859-224-2022 or toll-free 1-800-455-5579
www.behavioralmedicinenetwork.com

- Outpatient mental health treatment
- Outpatient substance abuse treatment

Referral/Participation Criteria: No referral required.
Fees/Insurance: Private insurance, self-pay.

Teen POP
1155 Red Mile Place
Lexington, KY 40504
859-255-6607

- Substance abuse treatment and mental health services for teens and their families on an outpatient basis

Referral/Participation Criteria: No referral required. Adolescents ages 11-18.
Fees/Insurance: Private insurance, Medicaid, sliding scale.

Teen POP-Teen Primary Outpatient Program
1500 Leestown Road, Suite 100
Lexington, KY 40511
859-381-0837

- Intensive outpatient program for adolescents with substance abuse problems

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicaid, private insurance, sliding scale.

Transition Center (Comprehensive Care)
1351 Newtown Pike, Bldg. 5
Lexington, KY 40511
233-0444
www.bluegrass.org

- Outpatient counseling services & education programs for individuals involved in the Criminal Justice System
- Specialized programming for those convicted of domestic violence/ Certified Batterer Intervention Program
- Parent Education
- Anger Management
- Healthy Relationship Education

Referral/Participation Criteria: Contact agency for referral requirements.
Fees/Insurance: Medicaid, private insurance, sliding scale.

UK Targeted Assessment Program (TAP)
1165 Centre Parkway
Lexington, KY 40517
859-245-5109 or 859-245-5438

- Assessments to identify barriers to self-sufficiency
- Plan developed to address problems such as substance abuse, domestic violence, mental health and learning difficulties
- Referrals provided to other agencies as needed to assist with housing, employment, education, transportation and basic needs

Referral/Participation Criteria: No referral required. Must have at least one child and if child is committed to the Cabinet for Health and Family Services, there must be a plan for reunification.
Fees/Insurance: No fee.

Veterans Affairs Medical Center Substance Abuse Treatment Program
1101 Veterans Drive
Lexington, KY 40502
859-233-4511, ext. 3453

- Outpatient Substance abuse treatment
- Tobacco Cessation Program

Referral/Participation Criteria: No referral required. Must be a veteran.
Fees/Insurance: Military insurance, private insurance and self-pay.

Child Abuse/Domestic Violence/ Sexual Abuse Counseling & Support

Bluegrass Domestic Violence Program
P.O. Box 55190
Lexington, KY 40555
859-233-0657
24 Hour Confidential Crisis Line: Toll Free 1-800-544-2022
www.beyondtheviolence.org

- Safe, secure, 32-bed emergency shelter for individuals or families forced to flee their homes due to intimate partner violence
- This facility is fully secure and staffed 24 hours per day
- Daily individual and group counseling provided
- Children's programs ensure they receive nurturing, support, safety planning, tutoring and other assistance as needed
- Emergency Shelter for intimate partner violence for the Bluegrass Domestic Violence Program serving 17 counties within Bluegrass
- Individual and group counseling
- Children's services
- Legal advocacy
- Housing Department to help find housing
- Financial Literacy program
- Outreach in all 17 counties

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Bluegrass Rape Crisis Center
P.O. Box 1603
Lexington, KY 40588
859-253-2511
24 Hour Confidential Crisis Line: Toll Free 1-800-656-HOPE
www.bluegrassrapecrisis.org

- Crisis counseling and support
- 24-hour crisis intervention line for victims of sexual assault
- Services for victims of human trafficking
- Therapy for individuals and groups

- Services for adult survivors of childhood sexual abuse
- Hospital advocacy
- Community education regarding rape

Referral/Participation Criteria: No referral required.
Fees/Insurance: Sliding scale fee for long-term psychotherapy; all other services provided at no cost.

Brenda Cowan Center
1364 Devonport Drive
Lexington, KY 40504
859-276-4457
www.cowancoalition.org

- Legal advocacy for domestic violence victims
- Legal services for domestic violence victims
- Supervised visitation and monitored exchange

Referral/Participation Criteria: No referral required.
Fees/Insurance: Sliding scale for supervised visitation service; otherwise, no fee.

Cabinet for Health & Family Services (CHFS)
Child & Adult Abuse Hotline:
859-245-5258 or toll-free 1-800-752-6200

- Call to report abuse or neglect

Referral/Participation Criteria: Not applicable.
Fees/Insurance: Not applicable.

Child & Adolescent Trauma Treatment Institute (CATTI)
859-543-0078
www.uky.edu/socialwork/csvac/catti

- Parent-Child Interaction Therapy (PCIT) ages 2-12
- Trauma-Focused Cognitive Behavior Therapy ages 3-17

Referral/Participation Criteria: Self and provider referrals accepted. Referral form located on the website.

Fees/Insurance: No fee. Funding provided by the National Child Traumatic Stress Network.

Child & Family Wellness Center (Comprehensive Care)
1351 Newtown Pike, Building 5
Lexington, KY 40511
859-233-0444
www.bluegrass.org

- Outpatient counseling services for children and their families

Referral/Participation Criteria: No referral required. Ages 17 or younger.
Fees/Insurance: Medicaid, private insurance, sliding scale.

Children's Advocacy Center of the Bluegrass
162 N. Ashland Ave.
Lexington, KY 40502
859-225-5437

- Forensic interviews of children conducted by an interview specialist.
- Crisis counseling, therapy, and support groups.
- Assistance for families in need.
- Medical examination for child sexual abuse victims.
- Regular multidisciplinary case reviews and follow-up

Referral/Participation Criteria: Children ages 0-18 and their non-offending caregivers. Must be referred by law enforcement or the Department for Community Based Services.
Fees/Insurance: No fee.

Fayette County District Court
150 N. Limestone St.
Fourth Floor, Office D-466
Lexington, KY 40507
EPOs and DVOs: 859-246-2248
Nights/weekends/holidays: 859-246-2228
First floor, Office of Circuit Court Clerk, Front Lobby

- Emergency Protection Order (EPO)
- Domestic Violence Protection Order (DVO)

Referral/Participation Criteria: Not applicable.
Fees/Insurance: No fee.

Jesse G. Harris Psychological Services Center
644 Maxwelton Court
Lexington, KY 40508
859-257-6853

- Individual counseling services for adults and children
- Group therapy
- Psychiatric resident on staff

Referral/Participation Criteria: No referral required.
Fees/Insurance: $20 intake fee, sliding scale for services.

Kentucky Association of Sexual Assault Programs (KASAP)
P.O. Box 4028
Frankfort, KY 40604
502-226-2704 or Toll Free 866-375-2727

- Statewide coalition of rape crisis centers

Referral/Participation Criteria: Not applicable.
Fees/Insurance: Not applicable.

Kentucky Domestic Violence Association (KDVA)
111 Darby Shire Circle
Frankfort, KY 40601
502-209-5382

- Statewide coalition of shelters

Referral/Participation Criteria: Not applicable.
Fees/Insurance: Not applicable.

Legal Aid of the Bluegrass
498 Georgetown St.
Lexington, KY 40508
859-233-4556

- Family law
- Evictions/foreclosures
- Public benefits
- Utility cutoffs

Referral/Participation Criteria: Low-income individuals who meet federal poverty guidelines.
Fees/Insurance: Sliding scale.

The Nest
530 N. Limestone St.
Lexington, KY 40207
859-259-1974
www.thenestlexington.com

- Individual counseling services for domestic violence, physical and sexual abuse survivors
- Domestic violence support group-meets once weekly

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Newtown Counseling Center (Comprehensive Care)
1351 Newtown Pike, Building 5
Lexington, KY 40511
859-233-0444
www.bluegrass.org

- Individual counseling services for adults

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicaid, private insurance, sliding scale.

Sunflower Kids
2121 Nicholasville Road, #109
Lexington, KY 40503
859-268-0487
www.sunflowerkids.org

- Supervised visitation and monitored exchange

Referral/Participation Criteria: Court referral required.
Fees/Insurance: Fee for the visiting parent based on income.

UK Department of Psychiatry Child & Adolescent Forensic Clinic
3470 Blazer Parkway
Lexington, KY 40509
859-323-6021

- Evaluation and treatment in cases including child litigation, PTSD, fire setting, sexual abuse and physical abuse
- Clinical child abuse evaluations
- Individual and family treatment for the child victim, offender and the victim's family

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicaid, private insurance.

UK Family Center
Scovell Hall, Room 205
Lexington, KY 40506
859-257-7755

- Individual, couple and family counseling

Referral/Participation Criteria: No referral required.
Fees/Insurance: Sliding scale.

VINE Service (Victim Information and Notification Everyday)
Toll-free 1-800-511-1670
http://www.courts.ky.gov/howdoi/VINE.htm

- Crime victims can register to receive telephone and e-mail notification regarding the current location of an incarcerated offender, their release date, escape and recapture status, parole eligibility date, furlough information, court status and work release and return.
- Live operator assistance available 24 hours a day, 7 days a week in both English and Spanish by calling 1-800-511-1670.

Referral/Participation Criteria: Not applicable.
Fees/Insurance: No fee.

Offender Treatment

Advanced Solutions Counseling of Central Kentucky
1018 E. New Circle Road, Suite 204
Lexington, KY 40505
859-258-2119

- Assessments offered: Mental health, parenting, anger management, drug and alcohol, domestic violence (male perpetrators only)
- Groups offered: Certified Batterer Intervention Program (male perpetrators only), Intermediate Parenting, Strategic Aggression Management, Cognitive Behavioral Causation

Referral/Participation Criteria: No referral required.
Fees/Insurance: $50 fee for single assessment, $60 fee for two or more assessments and a $20 group fee per class.

Counseling Associates
274 Southland Drive, Suite 204
Lexington, KY 40503
859-278-3456

- Certified Batterer Intervention Program

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Family Violence Project
462 E. High St.
Lexington, KY 40507
859-231-7226

- Certified Batterer Intervention Program
- Fathering After Violence Parenting Classes
- Adult and adolescent family therapy
- Substance abuse assessment and treatment

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

One Way Ministries
Dr. Alberto Carrillo
436 Fairman Road
Lexington, KY 40511
859-421-1914

- Certified Batterer Intervention Program
- Certified family therapist and counselor
- Individual and family counseling
- Substance abuse assessment and individual counseling
- Services offered in Spanish

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Transition Center (Comprehensive Care)
1351 Newtown Pike, Bldg. 5
Lexington, KY 40511
859-233-0444/859-225-7147
www.bluegrass.org

- Outpatient counseling services and education programs for individuals involved in the criminal justice system
- Certified Batterer Intervention Program

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicaid, private insurance, sliding scale.

Clothing/Food/Housing Assistance/Financial Aid

Angel Food Ministries

Toll Free 1-877-775-5354
www.angelfoodministries.com

- Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing food relief.
- Angel Food is available in a quantity that can fit into a medium-sized box at $30 per unit.
- Generally one unit of food assists in feeding a family of four for about one week or a single senior citizen for almost a month.
- No limit to the number of units or bonus foods an individual can receive.

Referral/Participation Criteria: No referral needed. No applications to complete or qualifications to which participants must adhere. Angel Food Ministries participates in the U.S. Food Stamp program using the Off-Line Food Stamp Voucher system. You must call or go online to order and find a host site/church near you where you can pick up the food box.
Fees/Insurance: $30 per unit/box of food.

Black Church Coalition
961 Saint Martin Ave.
Lexington, KY 40511
859-254-9252

- Financial assistance for rent, utilities, housing, medication and transportation

Referral/Participation Criteria: Referral from a social worker is required.
Fees/Insurance: No fee.

Catholic Action Center
400 E. Fifth St.
Lexington, KY
859-255-0301

- Meals
- Clothing bank
- Showers
- Shelter in sub-freezing weather

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee

Catholic Charities of the Diocese of Lexington
1310 W. Main St.
Lexington, KY 40508
859-253-1993 (office)
859-253-3339 (assistance line available Monday-Friday, 9:30 a.m.-noon and 1 p.m.-4 p.m.)
www.cssblexington.org

- One time financial assistance with rent, mortgage and utilities
- Toiletries
- God's Pantry referral for food and formula
- Financial assistance for ex-offenders associated with the District 9 office of Probation and Parole for resources to assimilate back into society

Referral/Participation criteria: No referral required.
Fees/Insurance: No fee.

Centenary United Methodist LOVE Fund
2800 Tates Creek Road
Lexington, KY 40502
859-269-2800

- Financial assistance for rent and utilities
- Call the first Monday of the month

Referral/Participation Criteria: No referral required
Fees/Insurance: No fee.

Christ Church Cathedral Cross Ministries

166 Market St.
Lexington, KY 40507
859-253-0299
email: thecupboard@ccclex.org, website: www.cclex.org

- Financial assistance and household supplies
- Submit request by Thursday at 5 p.m. for pick up Saturday at 10 a.m.

Referral/Participation Criteria: Referral from a social worker or minister.
Fees/Insurance: No fee.

Christians in Community Service
299 Colony Blvd.
Lexington, KY 40502
859-269-6772

- Furniture bank
- Food vouchers
- Financial assistance with rent, utilities, phone, water
- Some transportation services

Referral/Participation Criteria: Referral from a social service agency or minister.
Fees/Insurance: No fee.

Community Action Council
913 Georgetown St.
Lexington, KY
859-233-4600, www.commaction.org

- Assistance with energy bills

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Department for Community Based Services (DCBS)
Family Support
1350 E. New Circle Road
Lexington, KY 40505
859-246-2070

- Food stamps
- Medical cards
- Kentucky Transitional Assistance Program (KTAP)

Referral/Participation Criteria: No referral required
Fees/Insurance: No fee.

Fayette County Public Schools Family Resource Centers
**Contact your student's school and ask to be connected with the Family Resource Center*

- Programming, services and referrals for needed resources for students and their families

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

God's Closet
P.O. Box 34001
Lexington, KY 40588-4001
859-533-1945
info@godscloset.org

- Image consulting
- Clothing for women entering the workforce

Referral/Participation Criteria: Referral required. By appointment only.
Fees/Insurance: No fee.

God's Quarters & God's Garments
614 E. Seventh St.
Lexington, KY
859-514-7210
Hours 10 a.m.-2 p.m., Monday-Saturday

- Laundry assistance
- Clothing

Referral/Participation Criteria: Not applicable.
Fees/Insurance: No fee.

God's Pantry
1685 Jaggie Fox Way
Lexington, KY 40511
859-255-6592 or 859-259-2308

- Food

Referral/Participation Criteria: Referral needed from a social service agency.
Fees/Insurance: No fee.

Lexington Fair Housing Council
207 E. Reynolds Road, Suite 130
Lexington, KY 40517
859-971-8067

- Legal services focusing on housing discrimination

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Lexington Housing Authority
300 W. New Circle Road
Lexington, KY 40505
859-281-5060

- Income based housing

Referral/Participation criteria: No referral required.
Fees/Insurance: No fee.

Lexington Rescue Mission
Outreach Center
444 Glen Arvin Ave,
Lexington, KY 40508
859-381-9600
www.lexingtonrescue.org

Thrift Store
720 Bryan Ave.
Lexington, KY 40505

487 East New Circle Road
Lexington, KY 40505

10 a.m.-6:30 p.m., Monday-Saturday

- Affordable clothing
- Vouchers may be available for those who cannot afford to buy clothing
- Serves free hot lunches on Tuesdays, Thursdays and Saturdays to anyone in need of a nutritious meal
- Lunch is held from noon to 1 p.m. at the Outreach Center
- Budgeting class teaches money management skills
- Housing class teaches tenants their rights and responsibilities
- Homeless Prevention Program provides emergency financial assistance for rent and utility bills

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

LFUCG Adult Services
1055 Industry Road
Lexington, KY 40505
859-258-3810

- Short-term financial assistance provided through an interest-free loan

Referral/Participation Criteria: Temporary, complete loss of income with verifiable pending income; must have lived in Fayette County for at least 30 days.
Fees/Insurance: No fee for loan processing.

Maxwell Presbyterian Church
180 E. Maxwell St.
Lexington, KY 40508
859-255-1074 or 859-233-0723
www.maxpres.org

- Financial assistance
- Bus passes and transportation assistance
- Free hot meals at church every Thursday at 6 p.m.
- Free sandwiches in Rupp Arena parking lot (corner of Broadway and Maxwell) every Sunday from 9:30 a.m.-10 a.m.

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

The Nest
530 N. Limestone
Lexington, KY 40207
www.thenestlexington.com
859-259-1974

- Diapers
- Food
- Children's blankets
- Resource referrals
- Toiletries
- Clothing for children under size 16
- Household items

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

REACH Inc.
Resource Education & Assistance for Community Housing
733 Red Mile Road
Lexington, KY 40504
www.reachky.com
859-455-8057 or toll-free 1-800-985-9271

- Pre-purchase counseling
- Budget and credit counseling
- Predatory lending education
- Loss mitigation
- Homebuyer education
- Post-purchase education
- Mortgage delinquency counseling
- Reverse mortgage counseling
- Down payment and closing cost assistance for those who qualify

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Safe Kids Coalition
800 Rose St.
Lexington, KY 40536
859-323-1153

- Provides car seats at a reduced rate, along with mandatory education and car seat fitting
- Free car seat fitting and education provided the second Wednesday of each month

Referral/Participation Criteria: Referral letter needed from a social worker or agency.
Fees/Insurance: Sliding scale.

Salvation Army
736 W. Main Street
Lexington, KY 40508
859-252-7706

- Food
- Clothing
- Life skills classes provided
- Diaper Program-emergency supply containing 12-15 diapers
- Housing for homeless families and single women
- Caseworker provided for each family to assist in finding a job or additional resources

Referral/Participation Criteria: No referral needed for shelter. Referral for food clothing and diaper assistance. To obtain diapers you must present child's birth certificate or medical card. Diaper assistance can be requested every three months.
Fees/Insurance: No fee.

Sonshine Ministries
155 N. Ashland Ave.
Lexington, KY 40502
859-259-2777

- Food, clothing and household items

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

St. Luke United Methodist Church
2351 Alumni Drive
Lexington, KY
859-269-4687

- Financial assistance with utilities

Referral/Participation criteria: Referral needed from a social worker.
Fees/Insurance: No fee

Tenant Services
1055 Industry Road
Lexington, KY 40505
859-258-3813

- Legal services
- Pre-purchase/default counseling
- Emergency financial assistance for renters/ homeowners
- Landlord/tenant counseling

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee except for conventional loan applicants ($35).

Virginia Place
1156 Horseman's Lane
Lexington, KY 40504
859-252-4828

- Support services for single-parent families
- Low-cost housing
- On-site child care for children ages 6 months to 5 years old

Referral/Participation Criteria: No referral required. Parent must be a full-time student.
Fees/Insurance: Rent is controlled by Lexington Housing Authority. Child care cost provided through the Child Care Assistance Program, if eligible.

Volunteers of America Family Housing Program
1400 N. Forbes Road
Lexington, KY 40511
859-254-3469

- Provides temporary housing and case management to stabilize homeless families and return them to permanent housing

Referral/Participation Criteria: No referral required; families with at least one child and one adult related to the child's legal guardian.
Fees/Insurance: No fee.

Volunteers of America Permanent Housing Program
1400 N. Forbes Road
Lexington, KY 40511
859-254-3469

- Provides housing and support services to women (single or with children) who are homeless and disabled

Referral/Participation Criteria: No referral required; veterans with a discharge other than dishonorable who are within 18 months of release or released on or after April 1, 2004.
Fees/Insurance: No fee.

Volunteers of America Transitional Housing Program
1400 N. Forbes Road
Lexington, KY 40511
859-254-3469

- Provids transitional housing, job training, job search assistance and referrals to other service providers for veterans incarcerated or recently released

Referral/Participation Criteria: No referral required; homeless women who have a disability.
Fees/Insurance: No fee.

Court Advocacy/Legal Services

Children's Law Center

Lexington Office
1555 Georgetown Road
Lexington KY 40511
859-431-313
Toll-free 866-386-8313

Covington Office
1002 Russell St.
Covington, KY 41011
859-431-3313
Toll-free 866-386-8313

Note About Phone Numbers: To reach the Lexington Office, call toll-free at 866-386-8313 or call the Covington Office at 859-431-3313 and ask to speak with someone from the Lexington Office. To ensure the Lexington Office receives your message, leave a message with the Covington Office and ask that the message be conveyed to the Lexington Office.

Child advocacy center for legal rights of children. Represents children on child welfare, education law and juvenile justice matters. Also handles mental health, access to services, special education, homelessness and immigration issues for children.

Referral/Participation Criteria: Accepts referrals from the court, attorneys, schools, social services, parents seeking assistance, children seeking assistance and others who request a consultation.
Fees/Insurance: Does not cut off based on income, but strives to serve those who would not otherwise be served. Refers to a private attorney if the case involves significant damages.

Court Appointed Special Advocates (CASA)
115 Cisco Road
Lexington, KY 40504
859-246-4313
www.lexingtoncasa.com

- Child advocacy services for abused/neglected children
- Independent assessments
- Monitors compliance with court orders, case plans,service providers' standards of operation and child's placement
- Provides the child with a stable adult who is involved in the case throughout the child's time in the system and gives the child "a voice" in court

Referral/Participation Criteria: Court Order.
Fees/Insurance: Not applicable.

Commonwealth's Attorney
116 N. Upper St.
Lexington, KY 40507
2859-46-2060

- Victim advocacy program
- Criminal prosecution

Referral/Participation Criteria: Not applicable.
Fees/Insurance: Not applicable.

Fayette County Attorney
163 W. Short St.
Lexington, KY 40507
859-254-4941

- Child support

Referral/Participation Criteria: Not applicable.
Fees/Insurance: Not applicable.

Fayette County District Court
150 N. Limestone St.
Fourth Floor, Office D-466
Lexington, KY 40507
EPOs and DVOs: 859-246-2248

Nights/weekends/holidays: 859-246-2228
First Floor, Office of Circuit Court Clerk, Front Lobby

- Emergency protection orders (EPO)
- Domestic violence protection order (DVO)

Referral/Participation Criteria: Not applicable.
Fees/Insurance: Not applicable.

Lexington Public Defender's Office
163 W. Short St.
Lexington, KY 40507
859-246-2333

- Court appointed attorneys

Referral/Participation Criteria: Must be court-ordered.
Fees/Insurance: No fee.

Fayette County Victim's Advocates
163 W. Short St.
Lexington, KY 40507
859-254-4941

- Assist domestic violence victims

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Friend of the Court
120 N. Limestone St.
Lexington, KY 40507
859-246-2222

- Custody evaluations
- Supervised visitation
- Risk assessments related to domestic violence
- Assistance filing pro se motions in Fayette County Family Court

Referral/Participation Criteria: Must be court-ordered.
Fees/Insurance: Based on income.

Legal Aid of the Bluegrass
498 Georgetown St.
Lexington, KY 40508
859-233-4556

- Family law
- Utility cutoffs
- Evictions/foreclosures
- Public benefits

Referral/Participation Criteria: Low-income persons who meet federal poverty guidelines.
Fees/Insurance: Sliding scale.

Lexington Police Department Domestic Violence Unit Victim Advocates

150 E. Main St.
Lexington, KY 40507
859-258-3690

- Assist domestic violence victims

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Maxwell Street Legal Clinic (Immigration Legal Services)
201 E. Maxwell St.
Lexington, KY 40508
859-233-3840 or 859-333-4868

- Open second Wednesday of each month, 4 p.m.-7p.m.
- Family-based immigration work
- Citizenship

Referral/Participation Criteria: No referral required for intake.
Fees/Insurance: Sliding scale if case is accepted; no fee for intake.

Pro Bono Attorney
122 North Broadway
Lexington, KY 40507
859-255-7244

- Provides legal assistance

Referral/Participation Criteria: Call to be screened for eligibility.
Fees/Insurance: Not applicable.

VINE Service (Victim Information and Notification Everyday)
1-800-511-1670
http://courts.ky.gov/howdoi/VINE.htm

- Crime victims can register to receive telephone and e-mail notification regarding the current location of an incarcerated offender, his or her release date, escape and recapture status, parole eligibility date, furlough information, court status, and work release and return
- Live operator assistance available 24 hours a day, 7 days a week in both English and Spanish by calling 1-800-511-1670

Referral/Participation Criteria: Not applicable.
Fees/Insurance: No fee

Child/Youth Services

Big Brothers Big Sisters of the Bluegrass
436 Georgetown St.
Lexington, KY 40508
859-231-8181
www.bbbs-bluegrass.org

- Mentoring program for children who need a positive influence in their lives
- A Big Brother or Big Sister will be a friend to a child and will encourage them to reach their maximum potential

Referral/Participation Criteria: Children ages 6-13 in a single parent household.
Fees/Insurance: No fee.

Fayette County Public Schools Family Resource Centers
**Contact your student's school and ask to be connected with the Family Resource Center*

- Programming, services and referrals for needed resources for students and their families

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Services in Spanish

Bluegrass Community Health Center
1306 Versailles Road, Suite 120
Lexington, KY 40504

151 N. Eagle Creek Drive, Suite 220
Lexington, KY 40509

Call 859-259-2635 to schedule an appointment

- Individual and family counseling for children, teens, adults, couples and families
- Services in English and Spanish

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Cardinal Valley Center
1306 Versailles Road
Lexington, KY 40504
859-246-4350

- Social services and referrals to the Hispanic population

Referral/Participation Criteria: No referral needed
Fees/Insurance: No fee.

Division of Family Services
1351 Newtown Pike
Lexington, KY 40511
859-288-4040

- Services provided for teen mothers
- Educational programs for high school diploma or GED
- HANDS program for in-home services for first-time mothers
- UK Dental and Health Clinic on site
- Kentucky Transitional Assistance Program worker on site
- Bilingual pediatricians

- Case management
- Individual counseling, family counseling and self-referrals
- Parenting classes for clients and self referrals

Referral/Participation Criteria: No referral needed.
Fees/Insurance: KCHIP (Kentucky Children's Health Insurance Program) or other commercial insurance.

LFUCG Division of Adult Services Hispanic Outreach
Black and Williams Center
498 Georgetown Street
Lexington, KY 40508
859-255-0926

- Provides services to the Hispanic community and introduces the Hispanic culture to the neighborhood

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

One Way Ministries
Dr. Alberto Carrillo
436 Fairman Road
Lexington, KY 40511
859-421-1914

- State-Certified Batterers Intervention Program (BIP)
- Certified Family Therapist and Counselor
- Individual and Family Counseling
- Substance abuse assessment and individual counseling
- Services offered in Spanish

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

Operation Read
251 W. Second St.
Lexington, KY 40507
859-254-9964

- ESL (English as a Second Language)
- Basic literacy

Referral/Participation Criteria: No referral required.
Fees/Insurance: No fee.

Susy Aparicio, Licensed Marriage & Family Therapist
436 W. Second St.
Lexington, KY 40508
859-489-0989

- All services provided in Spanish
- Family, individual and children's counseling
- Outpatient substance abuse counseling
- Parenting classes (10 classes) can enroll at any time
- Domestic violence counseling, classes and groups for victims

Referral/Participation Criteria: No referral required.
Fees/Insurance: Call for fee information.

United Way 2-1-1
Dial 2-1-1 and you'll be connected to trained specialists who can help.

- Food, shelter, employment and other basic needs
- Support for children, families and seniors
- Healthcare access
- Volunteer opportunities

Referral/Participation Criteria: 24 hours a day/seven days a week.
Confidential.
Fees/Insurance: No fee.

Indigent Health Care

Baby Health Services
1590 Harrodsburg Road
Lexington, KY 40503
859-278-1781
Hours: 7:30 a.m.-noon, Monday-Friday
Closed when Fayette County Schools are closed due to the weather

- Pediatric health care for children, birth-19
- Immunizations
- Pharmacy on-site
- Dental services on Mondays (must be established patients)

Referral/Participation Criteria: Sick patients on a walk-in basis, beginning at 7:30 a.m. Well-child visits (physicals, immunizations, etc.) by apppointment only. Will see patients from outside of Fayette County. Cannot have medical card or any form of insurance. Social Security number required for verification of benefits; bring card to first visit.
Fees/Insurance: No fee.

Bluegrass Community Health Center
1306 Versailles Road, Suite 120
Lexington, KY 40504
859-250-2635
Hours: 8 a.m.-8 p.m. Monday-Thursday, 8 a.m.-5 p.m. Friday, 9 a.m.-1 p.m. Saturday

151 N. Eagle Creek Drive, Suite 220
Lexington, KY 40509
859-250-2635
Hours: 8 a.m.-8 p.m. Monday, 8 a.m.-5 p.m. Tuesday-Friday

- Primary care for adults and children
- Immunizations provided (free for children)
- Bilingual and interpreting services
- Free HIV Testing
- Dental vouchers for UK Dental Clinic ($100 of visit covered, after visit to BCHC

Referral/Participation Criteria: Walk-ins accepted, but appointments are preferred. Will accept people who are unemployed. Will see patients from outside Fayette County.
Fees/Insurance: Sliding scale. Accepts Medicaid, Medicare and some private insurance. Verification of income required at visit (pay stubs, disability stubs, unemployment verification, last year's W2 or spouse's pay stubs).

Family Care Center
1135 Red Mile Place
Lexington, KY 40504
859-218-2273
Hours: 8 a.m.-5:30 p.m.
First appointment at 8:30 a.m., last appointment at 4 p.m. Monday - Friday

- WIC office on site
- LCSW (licensed clinical social worker) on site
- Cardinal Hill contract for speech therapy
- Pediatric Primary Care for children birth-18
- Day care, GED services and high school liaison services for young, single mothers

Referral/Participation Criteria: Must have Medicaid to qualify for services. If patient has Medicaid, make sure you ask if the patient has been assigned a KenPAC (gatekeeper for Medicaid services) provider. If yes, be sure the patient goes to the assigned KenPAC provider first. By appointment only. Same-day appointments for sick visits, but only if patient intends to make Family Care Center his or her primary care pediatrician.
Fees/Insurance: Medicaid billing. No self-pay. Some private health insurances accepted if the patient was originally established through Medicaid.

Health Kentucky
1-800-633-8100
www.healthkentucky.org

- Kentucky Physicians Care Program locates non-emergency health care services for Kentuckians who are uninsured and below federal poverty guidelines

- Kentucky Home Health Care Program provides intermittent home-based nursing services to qualified patients who are homebound

Referral/Participation criteria: Call for eligibility requirements.
Fees/Insurance: No fee.

The Hope Center Health Clinic
360 W. Loudon Ave.
Lexington, KY 40508
859-252-7881

Hours: 8 a.m.-4:30 p.m. Monday, Tuesday, Thursday, Friday,
10 a.m.-6 p.m. Wednesday

- Primary care for adults

Referral/Participation criteria: Walk-in services; first come, first serve. Serves homeless individuals who do not have access to any other healthcare; no insurance, Medicare or Medicaid. Exceptions may apply and will be decided on a case-by-case basis. Will see patients from outside of Fayette County. Will see people who are unemployed.
Fees/Insurance: No fee.

Kentucky Vision Project
P.O. Box 1422
Frankfort, KY 40602
502-227-7981 or toll-free 1-800-320-2406

- Provides eye and vision care to low-income Kentuckians of all ages

Referral/Participation Criteria: Call for eligibility requirements.
Fees/Insurance: No fee.

Lexington Fayette County Public Health Clinic North/South

North: 805 Newtown Circle
Lexington, KY 40507
859-288-2483
Hours: 8 a.m.-4:30 p.m. Monday, Wednesday, Thursday, Friday
8 a.m.-7 p.m. Tuesday

South**:** 2433 Regency Road
Lexington, KY 40503
859-899-5201
Hours: 8 a.m.-4:30 p.m. Monday, Tuesday, Thursday
8 a.m.-7 p.m. Wednesday
8 a.m.-1 p.m. Friday

- WIC (Women, Infants and Children Program) services
- TB skin tests
- Pregnancy tests
- Maternity referrals
- STD testing and counseling
- Chronic disease counseling
- Immunizations for children and adults
- Well-child exams
- Family planning services
- Children's sports physicals
- Breast and cervical cancer screening

Referral/Participation Criteria: Most services by appointment only. Walk-ins allowed for STD, pregnancy and TB skin testing. Will accept people who are unemployed; will see patients from outside of Fayette County.
Fees/Insurance: Sliding scale. Accepts insurance, Medicaid and Medicare.

Lexington Rescue Mission Clinic
444 Glen Arvin Ave.
Lexington, KY 40508
859-381-9600
Hours: 6 p.m.-8 p.m., Tuesday on site

- Primary care services for adults and children by referral only
- Outreach services throughout the community

Referral/Participation Criteria: Referral required from an affiliate social service provider (i.e. The Hope Center, Catholic Services, etc.), transitional housing agency or social worker. Patients must be uninsured (no Medicare or Medicaid).
Fees/Insurance: No fee.

Mission Lexington Dental Clinic
216 S. Limestone St.
Lexington, KY 40508
859-519-8157

- Cleaning
- Extractions
- Other services based on dentist agreement

Referral/Participation Criteria: Adult dental services. Must be a resident of Lexington. Patients can be unemployed. Must make less than $800 for household of one, less than $1,100 for a household of two and so on (for

each additional family member add $300).
Fees/Insurance: No fee.

Mission Lexington Medical Clinic
230 S. Martin Luther King Blvd.
Lexington, KY 40508
859-272-0219
Hours of operation are based on volunteer availability.

- Primary care services for adults
- Laboratory testing
- Gynecological services
- Physicals
- Patient Assistance Program services

Referral/Participation Criteria: Services by appointment only. To qualify for services, patients must be:

- At least 18 years old
- Resident of Fayette County
- Currently working
- Uninsured (no Medicare or Medicaid)
- At or below 185 percent of the poverty level

If an individual is already a patient at the Mission Lexington Dental Clinic, they automatically qualify for the Mission Lexington Medical Clinic. Must have a proper referral from the Dental Clinic before receiving an appointment at the Medical Clinic.
Fees/Insurance: No cost. Proof of income must be provided at first visit.

Nathaniel Mission Health Clinic
616 De Roode St.
Lexington, KY 4508
859-255-0062
www.nathanielmission.org

Administrative Hours:
8:30 a.m.-4:30 p.m. Monday-Thursday, 9 a.m.-3:30 p.m. Friday
(Services by appointment only)

- Veterinary Clinic (first and third Wednesdays)

- Primary care
- Ophthalmology
- Podiatry
- Dental clinic
- Vision clinic
- Ear, nose and throat
- Physical therapy for established patients
- Charitable pharmacy
- Diabetes and nutrition counseling
- Free glucometer and testing strips (do not have to be a patient to attend; occurs two times a month)
- Patient Assistance Program services
- Lab services

Referral/Participation Criteria: Services by appointment only. Service area mainly composed of Irishtown and Davis Bottoms area. Also accepts referrals from 14 outside agencies, such as homeless shelters, domestic violence shelters, etc. Accepts verifiably homeless people and people who are unemployed. Must be uninsured (no Medicaid or Medicare). The dental clinic is open to all residents of Fayette County who are within 150 percent of the federal poverty guideline and without dental insurance.
Fees/Insurance: $1 donation for each clinic visit and/or prescription. $5 donation for dental clinic. Income documentation required.

Paragon Family Practice
www.paragonfamilypractice.com

Bryan Station
1640 Bryan Station Road
Suite 101
Lexington, KY 40505
859-259-0588
Hours Vary

East
2801 Palumbo Drive
Suite 200
Lexington, KY 40509
859-543-1703
Hours: 9 a.m.- 5 p.m., M-F

Alexandria
1738 Alexandria Drive
Suite 125
Lexington, KY 40504
859-276-0360
Hours: 9 a.m.-5 p.m., M-F

Wellington
055 Wellington Way
Suite 175
Lexington, KY 40513
859-278-8772
Hours Vary

- Primary care for adults and children
- Physicals are available, but are not offered at a reduced cost
- Basic gynecological exams are available, but will not be avilable at a reduced fee
- Other locations outside of Fayette County; information available on website at www.paragonfamilypractice.com

Referral/Participation Criteria: Must be uninsured. Medicaid denial letter required after first visit to remain compliant. Will see people who are unemployed, but will not see people who do not have some way to pay for services (such as someone who is supporting them). Will see people outside of Fayette County.
Fees/Insurance: Reduced cost services based on income. Proof of income is required. $50 for the first office visit. If individual is compliant (has completed paperwork), then $25 per visit for the duration of the year.

Planned Parenthood
508 W. 2nd St.
Lexington, KY 40508
859-252-8494

- Gynecological exams
- Pap smears
- Birth control
- Emergency contraception
- Testing and treatment for sexually transmitted diseases
- Pregnancy testing and options counseling
- Referrals for other health services

Referral/Participation Criteria: No referral required.
Fees/Insurance: Medicaid, private insurance, sliding scale.

Prevent Blindness Kentucky
Kentucky Healthy Eyes program
13000 Equity Place, Suite 100
Louisville, KY 40223
859-254-4973 or toll-free 1-800-828-1179
www.preventblindness.org

- Provides eyeglasses to children and adults who qualify

Referral/Participation Criteria: Low-income families in Kentucky.
Fees/Insurance: No fee.

Primary Care Center, LFUCG Health Department
650 Newtown Pike
Lexington, KY 40508
www.lexingtonhealthdepartment.org

Appointments: 859-288-2425
Healthcare services for the homeless: 859-288-2334 or 859-288-2408

Hours for Medical Clinic and Pharmacy:
8 a.m.-6:30 p.m. Monday, Tuesday, Thursday
8 a.m.-4:30 p.m. Friday
10 a.m.- 4:30 p.m. first Wednesday of each month
8 a.m.-6:30 p.m. all other Wednesdays

Hours for Dental Clinic:
8 a.m.-4:30 p.m. Monday, Thursday, Friday
8 a.m.-6:30 p.m. Tuesday, Wednesday

- Sick child care
- Sports physicals
- Family planning services
- Lead screening
- Physicals
- Adult care for individuals 21 and over
- Breast and cervical cancer screening
- Care for acute and chronic illnesses
- Dental services for children and adults
- Developmental testing for children under age 6
- Pediatric services for children birth to 20
- Referrals for nutrition counseling and other Health Department services
- Well-child examinations
- Pap smears
- Vision and hearing tests
- Sickle cell testing
- Pharmacy on site

Referral/Participation Criteria: Medical and dental appointments required. Children and adolescents under 18 must be accompanied by a parent or guardian. If child is in custody of a guardian, proof of guardianship must be provided on the first visit. Will see people who are unemployed.

Fees/Insurance: Minimum fee of $10 required at most first visits. Accepts Medicare, Medicaid, KCHIP (Kentucky Children's Health Insurance Program) and private insurance. Proof of income is required to qualify for a sliding-fee scale. Bring a list of all medications (prescribed and over-the-counter) to your appointment. Records and other documentation from emergency room or other doctors' offices should be provided on the first visit.

Refuge Ministries Medical Clinic, Southland Christian Church
525 Corral Street
Lexington, KY 40508
859-225-4325
Hours: 9 a.m.-4 p.m. Monday-Thursday

- Dental clinic
- Laboratory testing
- Prayer clinic offered
- Primary care clinic for adults and children
- Screening for free public insurance programs
- Patient education
- Pharmacy on site

Referral/Participation Criteria: To qualify a patient must be uninsured, at or below 200 percent of federal poverty level and a resident of the First Council District (East End). All served regardless of socioeconomic, immigration or health status.
Fees/Insurance: No fee.

Salvation Army Drop-In Medical Center, W. Arnold Hanger Lodge
736 W. Main St.
Lexington, KY 40507
859-252-7706
Hours: 5:30 p.m.-9 p.m., Tuesday and Thursday

- Basic medical care with follow-up
- Health education
- Basic lab tests
- On-site medication and prescriptions
- Physicals (except for disability)
- Physical therapy services

Referral/Participation Criteria: Patients must sign up for appointments one week in advance (can sign in or call). Patients are seen on a first-come, first-serve basis, but only those who have signed up for an appointment

prior to that day will be seen. Patients must be uninsured. Will see homeless patients and will see people outside of Fayette County.
Fees/Insurance: No fee.

St. Joseph's Free Health Clinic
1590 Harrodsburg Road
Lexington, KY 40503
859-313-4555
Call to be screened for an appointment

- Primary care for adults and children. Children are usually patients only if they are waiting for Medicaid coverage to begin or if they do not qualify for some reason.

Referral/Participation Criteria: Patients must be Fayette County residents, at or below 200 percent of federal poverty level and uninsured (no Medicaid or Medicare). Will accept people who are unemployed. Accepts new patients only on certain days. Call to find out the next new-patient day. On a new-patient day, people are accepted on a walk-in basis. After triage, the most serious cases are taken first. Appointments are made or referrals are given if the patient cannot be seen on the new-patient day. Established patients receive services by appointment only.
Fees/Insurance: No cost. Must provide proof of identity, proof of residency and proof of income (four consecutive weeks of wage stubs and 1040 forms) at the initial visit.

Surgery on Sunday
650 Newtown Pike
Lexington, KY 40504
859-246-0046
www.surgeryonsunday.org/currentprocedures.html

Operates one Sunday a month (usually the third Sunday). Visit website for a full list of procedures.

- Outpatient surgery
- General operations
- Dental work
- Reconstructive procedures

Referral/Participation Criteria: Must be referred by an approved referral agency. Cannot have health insurance or government health assistance.
Fees/Insurance: No fee.

Prescription Assistance

Faith Pharmacy
240 E. Seventh St.
Lexington, KY 40508
859-255-1074
www.faithpharmacy.com
Hours: 9 a.m.-noon, Saturday

- Prescription drug assistance program for those without a prescription plan or health insurance
- Operates as a general pharmacy; narcotics and controlled substances are not available
- List of available medications are on website under Formulary

Referral/Participation Criteria: Must have a prescription, referral sheet and completed medical history form. Referring agencies should check the online Formulary to see if Faith Pharmacy carries the prescription. Will fill prescription three times only.
Fees/Insurance: No fee.

Health Kentucky
1-800-633-8100
www.healthkentucky.org

- Kentucky Pharmacy Providers Program provides free medication to those who are eligible. Prescriptions must be written by a physician licensed in Kentucky.

Referral/Participation Criteria: Call for eligibility requirements.
Fees/Insurance: No fee.

The Partnership for Prescription Assistance
1-888-477-2669
www.pparx.org

- Free or nearly free prescription medications for those who qualify

Referral/Participation Criteria: Call or visit website for eligibility requirements.
Fees/Insurance: No fee.

Additional Resources

United Way 2-1-1

Dial 2-1-1 and you will be connected to trained specialists who can help with the following:

- Food, shelter, employment and other basic needs
- Support for children, families and seniors
- Healthcare access
- Volunteer opportunities

Referral/Participation Criteria: 24 hours a day/seven days a week.
Confidential requirements.
Fees/Insurance: No fee.

Glossary

AA. Alcoholics Anonymous, a 12-step program, is a fellowship of men and women who share their experiences, strength and hope with each other in an effort to solve their common problems and help others recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership.

Aftercare. Additional support services provided to individuals following their initial treatment.

Axis 1 Diagnosis. Clinical disorders, including major mental health disorders and learning disorders.

Cabinet for Health and Family Services (CHFS). The CHFS, also referred to as the Cabinet, is home to most of the state's human services and health care programs, including Medicaid, the Department for Community Based Services and the Department for Public Health. CHFS is one of the largest agencies in state government.

Department for Community Based Services (DCBS). The DCBS is part of the Cabinet for Health and Family Services. Its services are administered through a network of nine service regions and offices in each of Kentucky's 120 counties. In addition, DCBS uses a network of contract officials to deliver services, such as child care. The provision of services is enhanced through a close relationship and coordination with local community partners.

Domestic Violence. See Intimate Partner Violence below.

Domestic Violence Order (DVO). A court order that provides protection for a family or individual household member. It is a longer term version of an EPO (see Emergency Protective Order entry) and requires the abuser to have no contact or no violent contact with the victim. A DVO can only be issued to you after you have had a full court hearing, where you and the abuser both tell your sides of the story to a judge. It can be issued for up to three years and must be renewed before it expires.

Dual Diagnosis. A diagnosis of both a mental health disorder and a substance use disorder.

DUI. Driving under the influence of alcohol and/or other substances.

Emergency Protective Order (EPO). An immediate, temporary order that provides protection for a person from harm or harassment. This order lasts for approximately 14 days or until the DVO (see Domestic Violence Order entry) hearing. An EPO is not effective or enforceable until it has been served to the abuser by law enforcement personnel. If the court grants you an EPO, you should stay in touch with law enforcement to make sure your abuser has been served with the papers. Whether the judge grants you an EPO or not, you may be given a court date for a hearing, usually within 14 days of filing your EPO petition. At the hearing, you and your abuser have a chance to be present and tell your sides of the story.

ESL. English as a Second Language is an English language course for individuals whose primary language is not English.

Faith-Based. Services that are based upon or supported by a religion or religious organization.

Food Stamps/Food Benefits/EBT. A federal program that provides benefits that can be used just like money to purchase almost any food item, except ready-to-eat hot foods. Food benefits may also be used to buy seeds and plants to grow fruits and vegetables. The following items cannot be purchased with food benefits: tobacco, alcohol, pet food, soap and other household products, medicines and other non-food items. A household's food benefits will be deposited into a food benefit account each month. An eligible household will receive an Electronic Benefit Transfer (EBT) card and a Personal Identification Number (PIN) in the mail to use to access their food benefit account.

Formulary. A list of prescription drugs covered by a health-care provider.

Full-Time Student. An undergraduate student taking 12 or more credit hours per semester or a graduate student taking nine or more credit hours per semester.

GED. The General Educational Development exam covers five different subject areas and is the equivalent of a high school diploma.

Inpatient. Treatment where the patient resides in the hospital or other treatment facility.

Intake Fee. A fee paid to an agency upon the first visit.

Intimate Partner Violence. A pattern of coercive and controlling behaviors and tactics used by one person over another to gain or maintain power and control. This may include verbal, emotional, sexual, physical and financial abuse. Intimate partner violence is a crime.

KCHIP. The Kentucky Children's Health Insurance Program provides free or low-cost health insurance for children under age 19 who do not have health insurance and whose family income is below 200 percent of the federal poverty level.

KenPAC. Kentucky Patient Access and Care, a program similar to Medicaid, is designed to increase access to a primary care provider.

KTAP. The Kentucky Transitional Assistance Program provides financial and medical assistance to households with needy dependent children.

LCSW. Licensed clinical social worker.

Low Income. Usually defined as a percentage of the federal poverty level.

Medicaid. A federal health program for low-income families and certain other eligible individuals.

Medical Card. A card issued to those enrolled in Medicaid.

Medicare. A government health-care program for those 65 or older and certain other eligible individuals.

NA. Narcotics Anonymous, a 12-step program, is a fellowship of men and women who share their experiences, strength and hope with each other in an effort to solve their common problems and help others recover from drug addiction. The only requirement for membership is a desire to stop using. There are no dues or fees for NA membership.

Outpatient. Treatment in which the patient does not reside at the hospital or facility where he or she is receiving treatment.

Referral. The process of transferring a client or their information to another agency in the hopes of accessing services.

Reunification. The return of children to their parents after completion of their case plan, court-ordered treatment plan or other requirements.

Reverse Mortgage. An agreement where a person borrows money and repays that money by giving up his or her home when he or she passes away or moves.

SED. Severely Emotionally Disturbed

Sliding Scale. When the fee charged for a service is based on a person's income. Those who make less money pay a smaller fee.

Social Security Number (SS#). A nine-digit number issued by the federal government.

Supervised Visitation. Visitation between a parent and child that takes place with another person present.

WIC. The Special Supplemental Nutrition Program for Women, Infants and Children.

Department of Family and Juvenile Services
Administrative Office of the Courts
100 Millcreek Park
Frankfort, Kentucky 40601
Phone 800-928-2350 • Fax 502-573-1412
www.courts.ky.gov

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